

## Burgh by Sands School – Whole School PE Overview



At Burgh by Sands follow the GetSet4PE scheme of learning from EYFS to Year 6. By using this scheme, we give the children the opportunity to develop skills that are transferable across a range of sports as well as specific skills for specific games.

The scheme enables progression through the school and encourages and develops the learning of those that need additional support as well as those that require further challenges.

Below is an overview of the PE focus for each term in each class. Class teachers may choose to adapt the schemes of work to suit their class but must ensure full coverage throughout the two-yearly cycle.

Cycle A 2024-2025						
	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>EYFS</b>	Introduction to PE (Unit 1)	Fundamentals 1	Dance 1	Ball skills	Gymnastics (Sands Centre)	Games 1
	Fine and Gross Motor Skills		Large apparatus skills		Orienteering	Sports Day Athletics
<b>Year 1/2</b>	Fundamentals 2	Athletics 2	Fitness 2	Sending and Receiving	Net and Wall Games	Invasion Games
	Team Building 2	Target Games 2	Yoga 2	Ball Skills 2	Orienteering	Gymnastics (Sands Centre)
<b>Year 3/4</b>	Netball (Sands Centre)	Netball (Sands Centre)	Tag Rugby Y3/4	Dodgeball (Y3)	OAA (Y3/4)	Swimming Y3/4
	Gymnastics (Sands Centre)	Gymnastics (Sands Centre)	Dance Y3	Hockey (y3)	Golf (Y3/4)	Athletics (Y3)
<b>Year 5/6</b>	Fitness	Handball	VolleyBall (Sands Centre)	VolleyBall (Sands Centre)	Dodgeball (Y5/6)	OAA (Y5/6)
	Football	Dance (Y5)	Gymnastics (Sands Centre)	Gymnastics (Sands Centre)	Rounders	Athletics (Y6)

Cycle B 2025-2026

	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>EYFS</b>	Introduction to PE 2	Fundamentals 2	Dance 2	Gymnastics 2	Ball Skills 2	Games 2
	Gross and fine motor skills		Large apparatus		Orienteering	Sports Day Athletics
<b>Year 1/2</b>	Fundamentals	Dance	Athletics 1	Ball Skills 1	Target Games 1	Striking & Fielding Games
	Fitness 1	Orienteering	Team Building 1	Net and Wall Games 1	Yoga 1	Gymnastics
<b>Year 3/4</b>	Ball Skills	Hockey	Fitness	Orienteering	Athletics Y4	Swimming
	Football	Dance Y4	Gymnastics Y4	Tennis	Cricket	Rounders
<b>Year 5/6</b>	Netball	Dance	Netball	Hockey	Athletics Y5	Orienteering
	Tag Rugby	Fitness	Gymnastics	Badminton	Cricket	Rounders